



ADIPOSITAS TAGE OBESITY DAYS

5-6 NOVEMBER 2026 | FRANKFURT AM MAIN

CHIRURGIE TRIFFT KLINISCHE PRAXIS
SURGERY MEETS MEDICAL MANAGEMENT

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Obesity Days @Frankfurter Meeting: November 05-06, 2026

	Workshop Ernährungsmedizin
05.11.2026	ROOM KOSMOS
09:00 – 10:30 am	Chairwoman: Katharina Timper (Germany)
	Moderator: Anja Roßmeißl (Germany)
15 min	Supplementation
	Edo Aarts (Netherlands)
15 min	Malnutrition - malabsorptive Verfahren
	Francesco Papadia (Italy)
15 min	Osteoporose
	Vanadin Seifert-Klauss (Germany)
15 min	Nahrungsauswahl, -verhalten
	Andreas Pfeiffer (Germany)
15 min	Präoperative Eiweißphase - mehr als nur Reduktion der Hepatomegalie?
	Carolina Pape-Köhler (Germany)
15 min	Diskussion

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	Workshop Arzt & Recht
05.11.2026	ROOM KOMET
09:00 – 10:30 am	Chairman: Tim Werner (Germany)
	Die Versorgung der an Adipositas Erkrankten mit bariatrischen Operationen wird immer besser. Die große Mehrheit der Adipositaszentren operiert – nach leitliniengerechter Indikationsstellung – ohne präoperative Beteiligung von Krankenkasse und/oder Medizinischem Dienst. Die wenigen Streitigkeiten, die aus diesem (völlig system- und gesetzeskonformen) Vorgehen erwachsen, entscheiden die Krankenhäuser in der Regel für sich. Probleme gibt es hingegen bei der medikamentösen Versorgung der an Adipositas Erkrankten und bei der postbariatrischen Wiederherstellungschirurgie. In diesem Workshop ordnen wir für Sie ein, warum das so ist und was man tun kann, um hier zu Verbesserungen zu kommen. Das erwartet Sie: • Die rechtlichen Voraussetzungen der medikamentösen und der chirurgischen Therapie der Adipositas • Die postbariatrische Wiederherstellungschirurgie im Dreiecksverhältnis Patient-Leistungserbringer-Krankenkasse • Der Rechtsweg: Antrag, Widerspruch und Klage zum Sozialgericht • Raum für Ihre Fragen aus dem Klinikalltag (inkl. postoperative Abrechnungsprüfung und Vergütungsstreit)

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	Hands On Workshop: Lipoedem
05.11.2026	ROOM KRISTALL
09:00 – 10:30 am	Chairman: Stefan Rapprich (Germany)
	Das Lipödem wird im klinischen Alltag noch immer häufig mit Adipositas verwechselt – mit erheblichen Folgen für Betroffene und Behandelnde. Gerade an der Schnittstelle, an der sich dieser Workshop bewegt, lohnt der genaue Blick: Wo endet die Adipositas, wo beginnt das Lipödem, und was bedeutet diese Abgrenzung für Diagnostik, Therapieentscheidung und Kostenübernahme? In diesem Workshop ordnen wir die aktuelle Situation für Sie ein – praxisnah und auf dem neuesten Stand. Im Mittelpunkt steht die seit dem G-BA-Beschluss grundlegend veränderte Versorgungslandschaft: Die Liposuktion ist nun stadienübergreifend GKV-Leistung. Was das konkret für Indikationsstellung, Antragstellung und Abrechnung bedeutet, klären wir entlang konkreter Fallkonstellationen. Das erwartet Sie: - Sichere Diagnostik und differenzialdiagnostische Abgrenzung Lipödem vs. Adipositas und Lymphödem - Konservative und operative Therapieoptionen – Evidenz, Indikation, realistische Erwartungen - Die neue gesundheitspolitische und kassenrechtliche Lage nach dem G-BA-Beschluss - Was die GKV-Kostenübernahme in der Praxis erfordert: Voraussetzungen, Stolpersteine, Dokumentation - Raum für Ihre Fragen aus dem eigenen Behandlungsalltag Sie nehmen einen klaren, anwendbaren Überblick mit – fundiert genug für die Sprechstunde am Montagmorgen.

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	Hands On Workshop: Duodenal-Liner
05.11.2026	ROOM MERIDIAN 2
09:00 – 10:30 am	Chairwoman: Christine Stier (Germany)
	Moderator: Barham Abu Dayyeh (USA)
	Moderator: Georg Kaehler (Germany)
13 min	Resetting Diabetes in the Duodenum – the pathophysiological view Matthias Blueher (Germany)
5 min	Discussion
13 min	What Have we Learned from Surgical Duodenal Exclusion? Torsten Olbers (Sweden)
5 min	Discussion
13 min	Direct mucosal application: Electroporation, Reprogramming Metabolism through Mucosal Architecture Alteration Barham Abu Dayyeh (USA)
5 min	Discussion
13 min	The Implantat – The Rebranded Duodeno-Jejunal Bypass Liner - Key clinical trials and the Effects on Metabolism Juergen Stein (Germany)
5 min	Discussion
13 min	The Duodenum Effect - What does the industry say Craig Hole (UK)
5 min	Discussion



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	Workshop Praxismanagement
05.11.2026	ROOM OKZIDENT
09:00 – 10:30 am	Chairman: Karsten Behle (Germany)
	Die Erkenntnis, dass Adipositas eine chronische Erkrankung ist, ist in den meisten Bereichen der Medizin angekommen. Spätestens mit der Zulassung der „Abnehmspritzen“ ist auch in der breiten Bevölkerung ein verstärktes Interesse an modernen Therapieoptionen und fachlicher Beratung gewachsen. Die weitreichenden Folgen für die niedergelassenen Praxen werden jeden Tag deutlicher, doch Konzepte aus der Praxis für die Praxis sind Mangelware. So schaffen es z.B. die „Glücksritter“ der Sozialen Medien die verzweifelte Patienten „abgreifen“ und damit guten Umsatz machen. Wir werden konkret vier Antworten erarbeiten, die Sie in die Lage versetzen werden, eine dringend benötigte, medizinische Leistung mit wirtschaftlichem Erfolg anzubieten. Wir erarbeiten die Grundstruktur auf der Sie Ihr ganz persönliches Praxisangebot entwickeln können.

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Plenary 1	Opening. Obesity & Metabolic Bariatric Surgery Update 2026
05.11.2026	ROOM HORIZONT
11:00 am – 12:30 pm	Chairwoman: Sylvia Weiner (Germany)
	Moderator: Jaime Ponce (USA), IFSO president 2026-2027
	Moderator: Arya Sharma (Germany)
13 min	Welcome Address Obesity Days 2026
	Sylvia Weiner & Arya Sharma (Germany)
20 min	Present and Future of Metabolic Bariatric Surgery
	Jaime Ponce (USA)
5 min	Discussion
13 min	Changes in the Operative Spectrum of Metabolic Bariatric Surgery in Europe and Worldwide
	Luigi Angrisani (Italy)
5 min	Discussion
13 min	Metabolic Bariatric Surgery in Germany - Status and Trends
	Mirko Otto (Germany)
5 min	Discussion
13 min	The Future: Endoscopic Procedures
	Barham Abu Dayyeh (USA)
5 min	Discussion

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Plenary 2	Pharmacotherapy Obesity Update 2026
05.11.2026	ROOM HORIZONT
01:00 – 02:30 pm	Chairman: Matthias Blueher (Germany)
	Moderator: Arya Sharma (Germany)
	Moderator: Maurizio de Luca (Italy)
15 min	Current Status of Pharmacotherapy in the Treatment of Obesity
	Matthias Blueher (Germany)
5 min	Discussion
15 min	What We Can Expect for the Future - New Concepts in the Pipeline
	Arya Sharma (Germany)
5 min	Discussion
15 min	New in the Focus: Combinations of Different Active Ingredients
	Timo Mueller (Germany)
5 min	Discussion
15 min	Indications for Pharmacological Therapy versus Surgical Therapy: When and Why to Choose One Over the Other
	Maurizio de Luca (Italy)
5 min	Discussion

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Session 1	Training the Next Generation of Metabolic Bariatric Surgeons – Needs, Standards, and Recognition
05.11.2026	ROOM KOSMOS
01:00 – 02:30 pm	Chairman: Andreas Tuerler (Germany)
	Moderator: Roxanna Zakeri (UK)
	Moderator: Andrea Schenk (Germany)
10 min	What Do Trainees Really Need? Training Requirements from the Perspective of a German Surgical Resident
	Sophie Daniel (Germany)
5 min	Discussion
10 min	Insights from the Young-IFSO Bariatric & Metabolic Surgery Training and Education Survey
	Sonja Chiappetta (Italy)
5 min	Discussion
10 min	Training Metabolic Bariatric Surgeons in the UK: Structures, Standards, and Experiences
	Roxanna Zakeri (UK)
5 min	Discussion
10 min	Leadership in Surgical Education: How Expert Surgeons Shape Culture, Safety, and Quality
	Mário Rui Gonçalves (Portugal)
5 min	Discussion
10 min	Towards a Common Benchmark? Should FEBS Certification Become the Standard Qualification?
	Carolina Pape-Koehler (Germany)
5 min	Discussion
10 min	Beyond Technical Skills: Can Mental Training Improve Surgical Performance?
	Carolina Pape-Koehler (Germany)
5 min	Discussion

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Session 2	Obesity in the Interaction of Muscle/Bone/Skin GERMAN
05.11.2026	ROOM KOMET
01:00 – 02:30 pm	Chairwoman: Michaela Koehm (Germany)
	Moderator: Caterina Conte (Italy)
	Moderator: Sjaak Pouwels (Germany)
15 min	Body Composition
	Caterina Conte (Germany)
3 min	Discussion
15 min	Osteoarthritis
	Michael Kremer (Germany)
3 min	Discussion
15 min	Psoriasis
	Michaela Koehm (Germany)
3 min	Discussion
15 min	Obesity and Rehabilitation
	Beatrix Boellhoff (Germany)
3 min	Discussion
15 min	Sports/Strength Training
	Dominik Pesta (Germany)
3 min	Discussion



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Session 3	Breaking the Plateau: Interdisciplinary Management of Recurrent Weight Gain and Suboptimal Clinical Response Session created by CAADIP
05.11.2026	ROOM KRISTALL
01:00 – 02:30 pm	Chairwoman: Susanne Blank (Germany)
	Moderator: Katharina Timper (Germany)
	Moderator: Torsten Olbers (Sweden)
10 min	The Biological Cause: Monogenetic and Hypothalamic Drivers of Suboptimal Clinical Response Florian Seyfried (Germany)
5min	Discussion
10 min	The Medical Intervention. Adjuvant Pharmacotherapy Post-Metabolic Bariatric Surgery: Is There a Role for Universal Prescription? Katharina Timper (Germany)
5min	Discussion
10 min	Endobariatric Revisions: Does It Make Sense? Karl Miller (Austria)
5min	Discussion
10 min	The Surgical Solution: The Revisional Algorithm - Patient Selection and Procedural Options for Recurrent Weight Gain Mirko Otto (Germany)
5min	Discussion
30 min	Discussion with Clinical Cases with all Moderators and Speakers Susanne Blank (Germany), Katharina Timper (Germany), Torsten Olbers (Sweden), Florian Seyfried (Germany), Karl Miller (Austria), Mirko Otto (Germany)

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Session 4	Video Session: One-Anastomosis Gastric Bypass Pitfalls, Mistakes, Complications and Errors
05.11.2026	ROOM MERIDIAN 1
01:00 – 02:30 pm	Chairman: Karl Rheinwalt (Germany)
	Moderator: Nasser Sakran (Israel)
	Moderator: Mohamed Hany Ashour (Egypt)
13 min	One-Anastomosis Gastric Bypass to Banded Roux-en-Y Gastric Bypass
	Aparna Govil Bhasker (India)
5 min	Discussion
10 min	When One-Anastomosis Gastric Bypass Goes Wrong: Technical Errors and Revisional Solutions
	Mohamed Hany Ashour (Egypt)
5 min	Discussion
13 min	One-Anastomosis Gastric Bypass: Late (4 weeks postop) Leak and Peritonitis: Treatment and Outcome
	Jacques Himpens (Belgium)
5 min	Discussion
13 min	A Video Case of Severe Protein-calorie Malnutrition after One-Anastomosis Gastric Bypass, Complicated by Intestinal Obstruction, Leading to Complete Reversal, with Discussion of Indications and Surgical Strategy
	Amir Hossein Davarpanah (Iran)
5 min	Discussion
8 min	Conversion from One-Anastomosis Gastric Bypass to Roux-en-Y Gastric Bypass for Chronic Anastomotic Leak
	Lidia Castagneto Gissey (Italy)
2 min	Discussion

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Session 5	Inside-Out Obesity Therapy – The Endoluminal Approach
05.11.2026	ROOM MERIDIAN 2
01:00 – 02:30 pm	Chairwoman: Christine Stier (Germany)
	Moderator: Silvana Perretta (France)
	Moderator: Juergen Stein (Germany)
13 min	From Sleeve Gastrectomy to Gastroplasty – Moving Beyond Mimicry to an Independent Endoluminal Therapy
	Francesco Agnesini (Italy)
5 min	Discussion
13 min	When Evidence Challenges Bias: Insights from the MERIT Trial
	Barham Abu Dayyeh (USA)
5 min	Discussion
13 min	From MERIT to Meta-Analysis: When Evidence Redefines the Obesity Algorithm
	Christine Stier (Germany)
5 min	Discussion
13 min	Adolescents First? The Case for Endoluminal Obesity Therapy
	Aayed Alqahtani (Saudi Arabia)
5 min	Discussion
13 min	Combination, Combination, Combination: The Key to Tailor-Made Therapy
	Silvana Perretta (France)
5 min	Discussion

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Session 6	Why Obesity Therapies Work – and Why They Do Not. Current German Research from Cellular Mechanisms to Clinical Decision-Making
05.11.2026	ROOM OKZIDENT
01:00 – 02:30 pm	Chairman: Gabriel Seifert (Germany)
	Moderator: Ruth Hanssen (Germany)
	Moderator: Youngguo Li (Germany)
13 min	Obesity at the Cellular Level – Genetic and Epigenetic Regulation of Distinct Adipose Tissue Subtypes
	Thomas Ebert (Germany)
5 min	Discussion
13 min	Obesity Starts in the Brain – The Gut–brain Axis as a Central Control Hub of Body Weight
	Ruth Hanssen (Germany)
5 min	Discussion
13 min	Brown Adipose Tissue – A Metabolic Modulator between Promise and Clinical Reality
	Youngguo Li (Germany)
5 min	Discussion
13 min	Thrifty or Spendthrift? Metabolic Phenotypes of Obesity and What They Mean for Treatment Success
	Tim Hollstein (Germany)
5 min	Discussion
13 min	Deconvoluting Obesity – Clinical and Subclinical Phenotypes and Their Therapeutic Implications
	Gabriel Seifert (Germany)
5 min	Discussion

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Plenary 3	Robotic Surgery Update 2026
05.11.2026	ROOM HORIZONT
04:00 – 05:30 pm	Chairwoman: Miljana Vladimirov (Germany)
	Moderator: Alex Gandsas (USA)
	Moderator: Seiichi Kitahama (Japan)
	Laparoscopic Magnetic Anastomosis
	Michel Gagner (Canada)
	Robotic Magnetic Anastomosis. Robotic & Telesurgery
	Mohit Bhandari (India)
12 min	What's New in Robotic Metabolic Bariatric Surgery 2026: Patient Selection, Results, and Mastering Proficiency
	Ramon Vilallonga Puy (Spain)
2 min	Discussion
12 min	Global Updates in Robotic Metabolic and Bariatric Surgery 2026: A Multicontinental Perspective
	Seiichi Kitahama (Japan)
2 min	Discussion
12 min	Standardized Training in Robotic Bariatric Surgery: Learning Curves, Safety, and Future Directions
	Antonio Albuquerque (Portugal)
2 min	Discussion
12 min	Reviving Classical Anastomotic Techniques through Robotics: Precision, Evolution, and Innovation
	Miljana Vladimirov (Germany)
2 min	Discussion
12 min	From Robotics to Surgical Intelligence: How AI Is Transforming Metabolic & Bariatric Surgery
	Salaam Sadi (USA)
2 min	Discussion

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Session 7	Gender-Specific Aspects in Obesity Medicine GERMAN	
	Session created by CAADIP	
05.11.2026	ROOM KOSMOS	
04:00 – 05:30 pm	Chairwoman: Silke Mertmann (Germany)	
	Moderator: Christine Stroh (Germany)	
	Moderator: Anette Bachmann (Germany)	
12 min	Polyendocrine Metabolic Ovarian Syndrome and Metabolic Dysregulation	
	Christian Jackisch (Frankfurt a. M.)	
3 min	Discussion	
12 min	Obesity and Pregnancy Complications (Gestational Diabetes, Preeclampsia)	
	Anette Bachmann (Germany)	
3 min	Discussion	
12 min	Guideline on Obesity and Pregnancy	
	Christine Stroh (Germany)	
3 min	Discussion	
12 min	Obesity During Menopause: Long-Term Effects on Metabolism and Bone Health	
	Petra Stute (Germany)	
3 min	Discussion	
12 min	Pregnancy Outcomes Following Metabolic Bariatric Surgery	
	Till Hasenberg (Remscheid)	
3 min	Discussion	
12 min	Metabolic Bariatric Surgery in Women—The Importance of Interdisciplinary and Gender-Sensitive Approaches	
	Wolfram Kessler (Greifswald)	
3 min	Discussion	

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Session 8	Navigating Catastrophic Complications after Single Anastomosis Duodeno-Ileal bypass with Sleeve gastrectomy: A Pathway to the Safe Border
05.11.2026	ROOM KOMET
04:00 – 05:30 pm	Chairman: Ala Wafa (Libya)
	Moderator: Antonio José Torres (Spain)
	Moderator: Gerhard Prager (Austria)
13min	Nourishing Success: A Proactive Framework for Managing Malnutrition Post-Single Anastomosis Duodeno-Ileal bypass with Sleeve gastrectomy
	Antonio José Torres (Spain)
5min	Discussion
13min	From Theory to Technique: Ensuring Safety When Sacrificing the Right Gastric Artery
	Gerhard Prager (Austria)
5min	Discussion
13min	Conversion Minefield: The Unpredicted Bile Duct Injury in Sleeve to Single Anastomosis Duodeno-Ileal Bypass
	Ala Wafa (Libya)
5min	Discussion
13min	The Achilles' Heel of Single Anastomosis Duodeno-Ileal bypass with Sleeve gastrectomy: Unpacking the Dreaded Duodenal Leak
	Piotr Mysliwiec (Poland)
5min	Discussion
13min	When Hypoabsorption Goes Too Far: Revision for Malnutrition After SASI
	Catalin Copăescu (Romania)
5min	Discussion

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Session 9	Swollen Legs, Wrong Diagnosis - Correct Classification of Lipedema, Lymphedema, and Obesity GERMAN
05.11.2026	ROOM KRISTALL
04:00 – 05:30 pm	Chairman: Tobias Bertsch (Germany)
	Moderator: Stephan Rapprich (Germany)
	Moderator: Jodok Fink (Germany)
13 min	Obesity and Lipoedema Syndrome—An Unholy Alliance Tobias Bertsch (Germany)
5min	Discussion
13 min	Lipedema Syndrome – Is Liposuction a Panacea? Stefan Rapprich (Germany)
5min	Discussion
13 min	Lipedema Syndrome: Body Image, Mental Health, and Social Reality Gabriele Erbacher (Germany)
5min	Discussion
13 min	Obesity-Associated Lymphedema—The Overlooked Condition Tobias Bertsch (Germany)
5min	Discussion
13 min	Small Stomach, Big Impact: The Effect of Metabolic Bariatric Surgery on Lymphedema and Lipedema Syndrome Jodok Fink (Germany)
5min	Discussion

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Session 10	Video Session: Complicated Cases in One-Anastomosis Gastric Bypass Surgery (Part 2)
05.11.2026	ROOM MERIDIAN 1
04:00 – 05:30 pm	Chairman: Andreas Plamper (Germany)
	Moderator: Maud Robert (France)
	Moderator: Mario Musella (Italy)
	Gastro-Gastric Fistula after One-Anastomosis Gastric Bypass: A Rare Cause of Recurrent Weight Gain
	Adam Abu Abeid (Israel)
	Discussion
	Pitfalls and Complications in Robotic One-Anastomosis Gastric Bypass – Prevention and Management (video-based session)
	Albuquerque António (Portugal)
	Discussion
	A Small Patch of Your One-Anastomosis Gastric Bypass is Definitely Ischemic. What to Do?
	Safwan Taha (UAE)
	Discussion
	Operative Video Demonstrating a Complication and its Surgical Management
	Gurvinder Singh Jammu (India)
	Discussion
	Laparoscopic Conversion of OAGB with Nissen Fundoplication to FundoRing OAGB due to Biliary Reflux and Weight Gain
	Oral Ospanov (Kazakhstan)
	Discussion
	Gastric Obstruction After OAGB
	Rui Ribeiro (Portugal)
	Discussion
	Catastrophes During OAGB
	Mohamad Hayssam ElFawal (Lebanon)
	Discussion
	Unusual leak after Revisional OAGB for Weight Recurrence
	Osama Taha (UAE)
	Discussion
	Internal Hernia After OAGB-Case Presentation
	Tamer N. Abdelbaki (Egypt)
	Discussion

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Session 11	New Studies & Aspects in Metabolic Bariatric Surgery
05.11.2026	ROOM MERIDIAN 2
04:00 – 05:30 pm	Chairman: Martin Fried (Czech Republic)
	Moderator: Florian Seyfried (Germany)
	Moderator: Adisa Poljo (Switzerland)
10 min	Study Comparing the Long-Term Weight Loss, Comorbidity Remission, and Complication Outcomes Following Single Anastomosis Sleeve Ileal Bypass Muhammed Taha Demirpolat (Türkiye)
5 min	Discussion
10 min	Research and Innovation in Obesity Management in China and the Call for Global Partnership Wah Yang (China)
5 min	Discussion
10 min	The Impact of Obesity Onset and Duration on Outcomes after Metabolic Bariatric Surgery: an International Multicenter Cohort Study Adisa Poljo (Switzerland) and Study Group
5 min	Discussion
10 min	Comparison of Magnetic vs Stapled Jejuno-Ileal Transit Bipartition Martin Fried (Czech Republic), Dana Charpentier (Czech Republic)
5 min	Discussion
10 min	Endoscopic Gastroplasty and Laparoscopic Gastric Plication - Similarities and Differences Dana Charpentier (Czech Republic)
5 min	Discussion
10 min	Bikini Line Access in Metabolic Bariatric Surgery: More Than a Decade of Experience Tamer N. Abdelbaki (Egypt)
5 min	Discussion

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Session 12	YOUNG IFSO Become an Up-to-Date Metabolic Bariatric Surgeon - Multimodal Therapy
05.11.2026	ROOM OKZIDENT
04:00 – 05:30 pm	Chairwoman: Sonja Chiappetta (Italy)
	Moderator: Daniel Moritz Felsenreich (Austria)
	Moderator: Elena Ruiz Ucar (Spain)
12 min	Multimodal Therapy – The Evidence
	Amanda Belluzzi (Italy)
12 min	Obesity Medical Management, Endoscopy, and Surgery as First-Line Treatments
	Roxanna Zakeri (UK)
12 min	Obesity Medical Management, Endoscopy, and Surgery in Recurrent Weight Gain
	Adam Abu Abeid (Israel)
12 min	Obesity Medical Management, Endoscopy, and Surgery in Complications after Metabolic Bariatric Surgery
	Panagiotis Lainas (Greece)
12 min	Do We Have Structured Multimodal Algorithms and Personalized Pathways?
	Clarisa Birlog (Romania)
12 min	The Future of Multimodal Therapy: Emerging Therapies
	Alexandre Henrard (Belgium)
18 min	Panel Discussion: Becoming an Up-to-Date Metabolic-Bariatric Surgeon – Challenges, Gaps, and Real-World Difficulties
	Muhammed Taha Demirpolat (Türkiye), Thibaut Coste (France), Alex Morera (Spain), Elena Ruiz Ucar (Spain), Susanne Blank (Germany), Antonio Vitiello (Italy), Sebastian Nedelcut (Sweden), Andre Lazaro (Portugal)

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Highway To Hell	Highway to Hell - Catastrophic Situations
05.11.2026	ROOM HORIZONT
05:45 – 07:00 pm	Chairman: Ricardo Zorron (Portugal)
	Moderator: Martin Buesing (Germany)
	Moderator: Aureo DePaula (Brazil)
10 min	What? A Missed Gauze in the Stomach Leading to a Gastrobronchial Fistula Cüneyt Kirkil (Turkey)
10 min	Catastrophic Bleeding after Laparoscopic Sleeve Gastrectomy Mohamed Hany Ashour (Egypt)
10 min	Migration of Gastric Pouch into the Hiatus after Conversion SG to Roux-en-Y Gastric Bypass Aparna Govil Bhasker (India)
10 min	One-Anastomosis Gastric Bypass: Late Leak and Peritonitis: Treatment and Outcome Jacques Himpens (Belgium)
10 min	Corrective Surgeries for Badly Reconstructed Techniques Leading to Insufficient Weight Loss (multiple videos) Mohamed Hany Ashour (Egypt)
10 min	Latrogenic Perforation of Roux Limb by Endoscope Aparna Govil Bhasker (India)
7 min	Laparoscopic Splenectomy for a Giant Splenic Mass after Sequential Sleeve Gastrectomy and One-Anastomosis Gastric Bypass: Overcoming Technical Challenges Without Morbidity Ayman Soliman (Germany)
10 min	Acute Intrathoracic Migration of the Sleeve: Emergency Reduction and Repair in an Adolescent Catalin Copaescu (Romania)
	Discussion

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Session 13	Special Indications: Childhood, Adolescents and Extreme Obesity
05.11.2026	ROOM KRISTALL
05:45 – 06:30 pm	Chairman: Aayed Alqahtani (Saudi Arabia)
	Moderator: Safwan Taha (UAE)
	Moderator: Torsten Olbers (Sweden)
10 min	Metabolic Bariatric Surgery and Interventional Treatment of Obesity in Childhood
	Aayed Alqahtani (Saudi Arabia)
5min	Discussion
10 min	Metabolic Bariatric Surgery and Interventional Treatment of Obesity in Adolescents
	Karl Miller (Austria)
5min	Discussion
10 min	Metabolic Bariatric Surgery and Interventional Treatment of Obesity in Extreme Obesity
	Safwan Taha (UAE)
5min	Discussion

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Session 14	Endocrinology GERMAN
05.11.2026	ROOM KOMET
05:45 – 06:30 pm	Chairman: Matthias Blueher (Germany)
	Moderator: Gesine Meyer (Germany)
	Moderator: Viktoria Koehler (Germany)
15 min	Sex Hormones and Weight: When Hormones Play a Role Gesine Meyer (Germany)
15 min	Cortisol, the Thyroid Gland, and Weight: Additional Endocrine Differential Diagnoses of Obesity Viktoria Koehler (Germany)
15 min	Discussion

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Plenary 4	Transit Bipartition
06.11.2026	ROOM HORIZONT
09:00 – 10:30 pm	Chairman: Sergio Santoro (Brazil)
	Moderator: Ricardo Zorron (Portugal)
	Moderator: Aureo DePaula (Brazil), Martin Buesing (Germany)
12 min	Proximal or Distal Single Anastomosis Sleeve Ileal Bypass – the Difference between Two Worlds
	Amar Vennapusa (India)
12 min	Transit Bipartition – One or Two Anastomosis
	Thilo Sprenger (Germany)
12 min	Malabsorption after Single Anastomosis Sleeve Ileal Bypass and Transit Bipartition – Data and How to Avoid
	Philippe Topart (France)
12 min	The Innovation of Duodenal Transit Bipartition
	Sylvia Weiner (Germany)
12 min	Revisional Transit Bipartition – What to Expect?
	Ricardo Zorron (Portugal)
12 min	From Bariatric to Metabolic – New Perspectives
	Aureo DePaula (Brazil)
12 min	MAINSTREAM: Transit Bipartition as the Worldwide Metabolic Solution
	Sergio Santoro (Brazil)
6 min	Discussion

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Session 15	New Pharmacotherapy in Obesity Management GERMAN
06.11.2026	ROOM KOSMOS
09:00 – 10:30 am	Chairman: Matthias Blueher (Germany)
	Moderator: Timo Mueller (Germany)
	Moderator: Pia Roser (Germany)
12 min	Bupropion/Naltrexone Arya Sharma (Germany)
3 min	Discussion
12 min	Current Guidelines Maida Ragibovic (Germany)
3 min	Discussion
12 min	Dealing with Side Effects Katharina Timper (Germany)
3 min	Discussion
12 min	Oral Incretin Mimetics Matthias Blueher (Germany)
3 min	Discussion
12 min	Glucagon Timo Mueller (Germany)
3 min	Discussion
12 min	Amylin Matthias Blueher (Germany)
3 min	Discussion

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Session 16	Video Session: Standards and Variations in Current Metabolic Bariatric Surgery
06.11.2026	ROOM KOMET
09:00 – 10:30 am	Chairman: Torsten Olbers (Sweden)
	Moderator: Daniel Gaertner (Germany)
	Moderator: Sandeep Aggarwal (India)
20 min	The Standard Roux-en-Y Gastric Bypass 2.0
	Torsten Olbers (Sweden)
5min	Discussion
10 min	Resleeve to Roux-en-Y Gastric Bypass
	Aparna Govil Bhasker (India)
3 min	Discussion
10 min	Reversal of Roux-en-Y Gastric Bypass in a Patient with Multiple Previous Metabolic/Bariatric Procedures
	Mohamed Hany Ashour (Egypt)
3 min	Discussion
10 min	Reversal of Roux-En Gastric Bypass for Intractable Hypoglycemia
	Sandeep Aggarwal (India)
3 min	Discussion
10 min	In Laparoscopic Sleeve Gastrectomy: Technique to Dissect the Hiatus without Damaging the Esogastric Membrane
	Jacques Himpens (Belgium)
3 min	Discussion
10 min	Simple Intraoperative Modifications that Resolved Unexpected Findings Discovered Incidentally in Revisional Metabolic and Bariatric Surgery Cases (findings not apparent on preoperative radiological or endoscopic workup), without Making the Solution Unnecessarily Complex
	Mohamed Hany Ashour (Egypt)
3 min	Discussion

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Session 17	Robotic Expert Meeting - New Trends and Developments
06.11.2026	ROOM KRISTALL
09:00 – 10:30 am	Chairwoman: Miljana Vladimirov (Germany)
	Moderator: Salaam Sadi (USA)
	Moderator: Antonio Albuquerque (Portugal)
10 min	Global Standards and the TROGSS Vision. Standardization and Learning Curves in Robotic Metabolic Bariatric Surgery: A Video-Based Expert Analysis
	Adel Abou-Mrad (France)
2 min	Discussion
10 min	Training Without Borders: Tele-Education in Robotic Surgical Practice
	Alex Gandsas (USA)
2 min	Discussion
10 min	Challenges in Robotic Metabolic Bariatric Surgery: How to Solve Them and What I Have Learned
	Jordi Tarasco (Spain)
2 min	Discussion
10 min	Robotic Primary Bariatric Procedures: Video-Based Technical Refinements and Anastomotic Strategies
	Antonio Vitiello (Italy)
2 min	Discussion
10 min	Robotic Revisional Bariatric Surgery: Video-Based Solutions for Failure, Complications, and Recurrent Weight Gain
	Bengy Pascotto (Luxembourg)
2 min	Discussion
10 min	Managing Complexity in Robotic Metabolic Bariatric Surgery: Video-Based Strategies for Hiatal Hernia Revision and Redo Cases
	Carlos Vaz (Portugal)
2 min	Discussion
10 min	Human Judgment and AI: Robotic Metabolic Bariatric Surgery Training with the CARS 3.0 Curriculum
	Michail Kautentakis (Greece)
8 min	Discussion

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Session 18	The Double-Edged Sword: Malabsorption in Modern Metabolic Bariatric Surgery – Efficacy, Risk, and Responsibility
06.11.2026	ROOM MERIDIAN 1
09:00 – 10:30 am	Chairman: Francesco Papadia (Italy)
	Moderator: Sonja Chiappetta (Italy)
	Moderator: Catalin Copăescu (Romania)
12 min	Internal Hernia After OAGB Presenting as Severe Malnutrition
	Catalin Copăescu (Romania)
12 min	Bone Health After Metabolic Bariatric Surgery: The Silent, Long-Term Epidemic. What Do We Really Know? Are We Underestimating the Problem?
	Daniel Moritz Felsenreich (Austria)
12 min	Managing Deficiencies: Surveillance, Supplementation, and Limits of Adaptation
	Edo Aarts (Netherlands)
12 min	Revisional Surgery for Severe Malabsorption: When Prevention Fails
	Susanne Blank (Germany)
15 min	Unregulated Innovation in Metabolic Bariatric Surgery – What Are the Numbers at Stake
	Amir Hossein Davarpanah (Iran) & Francesco Papadia (Italy)
20 min	Panel Discussion
	ALL SPEAKERS & Arya Sharma (Germany)

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	OAGB Opening
06.11.2026	ROOM MERIDIAN 2
08:00 – 08:15 am	Welcome Opening
	Rudolf Weiner (Germany), Sylvia Weiner (Germany), Chetan Parmar (UK), Mario Musella (Italy), Nasser Sakran (Israel), Paulina Salminen (Finland)
Session 19a	OAGB: History, Registry, MGB-OAGB Club and MasterClass
06.11.2026	ROOM MERIDIAN 2
08:15 – 09:15 am	Chairman: Rudolf Weiner (Germany)
	Moderator: Peng Zhang (China)
	Moderator: Aayed Al-Qahtani (Saudi Arabia)
	Moderator: Paulina Salminen (Finland)
	History of OAGB — MGB Modification
	Kuldeepak S. Kular (India)
	History of OAGB — BAGUA Modification
	Priscilla Antozzi (Argentina)
	Recognition of one Anastomosis Gastric Bypass
	Gerhard Prager (Austria)
	OAGB Worldwide, MGB-OAGB Club
	Chetan Parmar (UK)
	OAGB MasterClass
	Mario Musella (Italy)

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Session 19b	OAGB: How it Works, Techniques, Variants and Revisions
06.11.2026	ROOM MERIDIAN 2
09:15 – 10:30 am	Chairman: Arun Prasad (India)
	Moderator: Andreas Plamper (Germany)
	Moderator: Maurizio De Luca (Italy)
	Moderator: Ahmad Assalia (Israel)
	Role of Endo Bariatrics after OAGB
	Christine Stier (Germany)
	Technical Considerations: Pouch formation, GJ Anastomosis
	Rui Ribiero (Portugal)
	Technical Considerations: Limb Lengths
	Gianfranco Silecchia (Italy)
	OAGB Following AGB, SG, SASI, VBG etc.
	Mohamed Abouzeid (USA)
	Robotic OAGB
	Arun Prasad (India)
	The Current Role of Robotics and AI in OAGB
	Ramon Vilallonga Puy (Spain)
	Comparison of OAGB vs RYGB
	Maud Robert (France)
	Comparison of OAGB vs SADI-S vs Transit Bipartition
	Maurizio De Luca (Italy)

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Plenary 5	Part 1: Fundamentals
	Part 2: Bariatric Jeopardy
06.11.2026	ROOM HORIZONT
11:00 am – 12:30 pm	Chairman: Ala Wafa (Libya)
	Moderator: Luigi Angrisani (Italy)
	Moderator: Aparna Govil Bhasker (India)
7 min	Obesity Stigma
	Aparna Govil Bhasker (India)
3 min	Discussion
7 min	Single-incision Laparoscopic Surgery in Sleeve Gastrectomy: Beyond Cosmetic Demand
	Gang Li (China)
3 min	Discussion
	Sleeve Gastrectomy with Enhanced Safety Using 4x2 Stapler
	Cristobal Davanzo (Chile)
	Bariatric Jeopardy
	Moderator: Ala Wafa (Libya)
60 min	Teams For Fight: Italy, Spain, Israel & Germany (each team consists of 2 people)
	Categories: Obesity Surgery Journal & Publications, Bariatric Procedures, IFSO & Frankfurter Meeting, Bariatric Complications Scenario, Bariatric Physiology, Celebrities

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Session 20	Nutrition, Activity, Sleep GERMAN
06.11.2026	ROOM KOSMOS
11:00 am – 12:30 pm	Chairwoman: Katharina Timper (Germany)
	Moderator: Katharina Timper (Germany)
	Moderator: Anja Roßmeißl (Germany)
18 min	Sugar and Sugar Alternatives and Their Effects on Metabolism
	Anne Kristin Meyer-Gerspach (Switzerland)
4 min	Discussion
18 min	Preservation of Muscle Strength During Weight Loss in Obesity
	Simon Wernhart (Germany)
4 min	Discussion
18 min	Ultra-Processed Foods, High Protein, High Fibre – Practical Implications for Nutritional Therapy in Obesity
	Noreen Neuwirth (Germany)
4 min	Discussion
18 min	Obesity and Sleep
	Manuel Spitschan (Germany)
4 min	Discussion

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Session 21	Fewer kilos, more loose skin—now what? Plastic surgery after weight loss GERMAN
06.11.2026	ROOM KOMET
11:00 am – 12:30 pm	Chairman: Christoph Hirche (Germany)
	Moderator: Dirk Richter (Germany)
	Moderator: Melodi Motamedi (Germany)
13 min	Selective Literature Review: Levels of Evidence and Topics in Post-Bariatric Plastic Surgery Over the Past 10 Years
	Christoph Hirche (Germany)
5min	Discussion
13 min	Where the Principles of Aesthetic Surgery Reach Their Limits after Weight Loss
	Maximilian Stumpfe (Germany)
5min	Discussion
13 min	Safe Preoperative and Postoperative Management: Special Considerations for Bariatric Patients
	Adrian Dragu (Germany)
5min	Discussion
13 min	Post-Metabolic Bariatric Surgery: Benefits and Risks
	Melodi Motamedi (Germany)
5min	Discussion
13 min	Buttock Augmentation and Lifting Procedures
	Goetz Giessler (Switzerland)
5min	Discussion

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Session 22	Treat-to-Target Approaches in Obesity Management
06.11.2026	ROOM KRISTALL
11:00 am – 12:30 pm	Chairman: Arya Sharma (Germany)
	Moderator: Carel LeRoux (Ireland)
	Moderator: François Pattou (France)
15 min	Treat-to-Target Obesity Care: Are Current Obesity Management Medications Ready to Replace Metabolic Bariatric Surgery?
	Mohammad Kermansaravi (Iran)
3 min	Discussion
15 min	The Treat-to-Target Approach in Medical Obesity Management
	Carel le Roux (Ireland)
3 min	Discussion
15 min	When Is Pharmacological Therapy Indicated and when Is Metabolic/Bariatric Surgery (MBS) Indicated? Evidence from Clinical Studies and Real-world Data
	Maurizio de Luca (Italy)
3 min	Discussion
15 min	Treatment Targets: What can Obesity Learn from Other Chronic Diseases?
	Arya Sharma (Germany)
3 min	Discussion
15 min	Emerging New Targets: Obesity and Cancer
	Armin Wiegand (Germany)
3 min	Discussion
15 min	The Treat-to-Target Approach in Surgical Obesity Management
	François Pattou (France)
3 min	Discussion

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Session 23	Dumping Syndrome after Metabolic Bariatric Surgery – when Physiology Turns into Pathology
06.11.2026	ROOM MERIDIAN 1
11:00 am – 12:30 pm	Chairman: Goran Marjanovic (Germany)
	Moderator: Christine Stier (Germany)
	Moderator: Edo Aarts (Netherlands)
11 min	Why Dumping is not Accidental – Pathophysiological Mechanisms that Matter Clinically
	François Pattou (France)
3 min	Discussion
11 min	Pharmacological Strategies for Dumping Syndrome – Navigating Limited Evidence and Clinical Reality
	Luciana El-Kadre (Brazil)
3 min	Discussion
11 min	Slowing Things Down – What Endoscopic Intervention Can Achieve in Dumping Syndrome (with videos)
	Christine Stier (Germany)
3 min	Discussion
11 min	Taming the Bypass – Pouch Resizing and Ring Implantation for Dumping Syndrome (with operative videos)
	Stephan Herrmann (Germany)
3 min	Discussion
11 min	Back to the Beginning? – When Bypass Reversal Becomes a Therapeutic Option (with operative videos)
	Torsten Olbers (Sweden)
3 min	Discussion
20 min	From Symptoms to Strategy – Extended Case-based Integrative Discussion
	Moderation and case presentation: Edo Aarts (Netherlands)

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Session 24a	Evidence, Outcomes, Endoscopy — Elderly, Adolescent and Patients with Severe Obesity
06.11.2026	ROOM MERIDIAN 2
11:00 am – 12:00 pm	Chairman: Gerhard Prager (Austria)
	Moderator: Mohamed Hany Ashour (Egypt)
	Moderator: Oral Ospanov (Kazakhstan)
	Moderator: Peter K. Small (United Kingdom)
	The Mechanism and the Advantages of OAGB
	Karl Rheinwalt (Germany)
	OAGB: Medium–Long Term Results
	Nasser Sakran (Israel)
	Non-Responders, Weight Recurrence Following OAGB, and Disease Progression
	Sandeep Aggarwal (India)
	OAGB in Children and Adolescents
	Sonja Chiappetta (Italy)
	OAGB in Elderly Group (≥ 65 years)
	Francesco Greco (Italy)
	OAGB in Obesity Class IV and V
	Halit Eren Taskin (Türkiye)

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Session 24b	OAGB: Complications, Side effects, Prevention and Management
06.11.2026	ROOM MERIDIAN 2
12:00 – 01:00 pm	Chairman: Jacques Himpens (Belgium)
	Moderator: Mohammad Al-Fawal (Lebanon)
	Moderator: Gurvinder Singh Jammu (India)
	Moderator: Osama Taha (UAE)
	Leaks after OAGB
	Johannes Sander (Germany)
	Internal Hernia, Closure of the Mesenteric Space
	Arnaud Liagre (France), Niccolò Petrucciani (Italy)
	Stricture/Twisting at the GJ Anastomosis, Gastro-Gastric Fistulas
	Adam Abu Abeid (Israel)
	Marginal Ulcer and Related Complications
	Mohammad Kermansaravi (Iran)
	Hiatal Hernia, Bile Reflux and Cancer
	Salvatore Tolone (Italy)
	Hypo-Absorption, Malnutrition, Dumping, Hypoglycemia
	Jan Apers (Netherlands)

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Plenary 6	Management of Complications
06.11.2026	ROOM HORIZONT
02:00 – 03:30 pm	Chairman: Bruno Dillemans (Belgium)
	Moderator: Ala Wafa (Libya)
	Moderator: Aayed Alqahtani (Saudi Arabia)
10 min	Early Symptoms and How to React?
	Bruno Dillemans (Belgium)
5min	Discussion
10 min	Emergency Situations after Metabolic Bariatric Surgery
	Sjaak Pouwels (Germany)
5min	Discussion
10 min	Complications of Roux-en-Y Gastric Bypass
	Aparna Govil Bhasker (India)
5min	Discussion
10 min	Current Landscape of Social Media Dissemination of Obesity and Metabolic Disease Information in China
	Li Gang (China)
5min	Discussion
10 min	Revisional Metabolic Bariatric Surgery: Navigating the Way from Endoscopic to Laparoscopic
	Aayed Alqahtani (Saudi Arabia)
5min	Discussion
10 min	Can AI Driven Precision Surgery Lower the Complication Rate?
	François Pattou (France)
5min	Discussion

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Session 25	Ring-Augmented Metabolic Bariatric Surgery Procedures
06.11.2026	ROOM KOSMOS
02:00 – 03:30 pm	Chairman: Gerhard Prager (Austria)
	Moderator: Jodok Fink (Germany)
	Moderator: Maurizio de Luca (Italy)
15 min	Ring-Augmented Metabolic Bariatric Surgery Procedures GRADE based International Federation for the Surgery of Obesity and Metabolic Disorders (IFSO) Position Statement Maurizio de Luca (Italy)
3 min	Discussion
15 min	Ring-Augmented Versus Non-Ring Augmented Sleeve Gastrectomy in Patients with BMI > 50 kg/m ² : 3-Year Follow-up of a Randomized Controlled Trial Mohamed Hany Ashour (Egypt)
3 min	Discussion
15 min	Long-Term Outcomes of Pouch Resizing with Ring Augmentation for Dumping Syndrome and Weight Trajectory after Roux-en-Y Gastric Bypass: A Single-Center Experience Goran Marjanovic (Germany)
3 min	Discussion
15 min	A Ring Augmented Roux en Y Gastric Bypass with MiniMizer Ring is Effective and Safe in Patients with a BMI >50 kg/m ² Pieter Broos (Netherlands)
3 min	Discussion
15 min	Results of Revisional Ring Augmented Procedures in Roux-en-Y Gastric Bypass (300+ cases) Evert Jan Boerma (Netherlands)
3 min	Discussion

ADIPOSITAS TAGE OBESITY DAYS

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Obesity Days @Frankfurter Meeting: November 05-06, 2026

Session 26	Obesity and Organ Function – Heart, Lung, and Liver: Therapeutic Effects of Successful Weight Reduction GERMAN
06.11.2026	ROOM KOMET
02:00 – 03:30 pm	Chairman: Stefan Zeuzem (Germany)
	Moderator: Matthias Blueher (Germany)
	Moderator: Maida Ragibovic (Germany)
18 min	Heart
	Robert Stoehr (Germany)
4 min	Discussion
18 min	Lungs - Results from COSYCONET
	Peter Alter (Germany)
4 min	Discussion
18 min	Metabolic Stress in the Liver—From MASLD to Cirrhosis
	Christoph Welsch (Germany)
4 min	Discussion
18 min	Kidney
	Timodeus Speer (Germany)
6 min	Discussion

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Session 27	In Focus: A Matter of Shape and Technique ? – The RYGB-Anastomosis (Video Session)
	Session created by the Group “Female Surgeons”
06.11.2026	ROOM KRISTALL
02:00 – 03:30 pm	Chairwoman: Silke Mertmann (Germany)
	Moderator: Paulina Salminen (Finland)
	Moderator: Carolina Pape-Koehler (Germany)
13 min	The Perfect Gastrojejunostomy: Shape, Size, and Technique
	Carolina Pape-Koehler (Germany)
5 min	Discussion
13 min	Endoscopic Assessment and Treatment of a Failing Gastrojejunostomy
	Christine Stier (Germany)
5 min	Discussion
13 min	Redo or Rebuild? Revisional Strategies for the Gastrojejunostomy
	Paulina Salminen (Finland)
5 min	Discussion
13 min	Acute Jejunojunostomy Complications: Technics and Solutions
	Silke Mertmann (Germany)
5 min	Discussion
13 min	When the Distal Anastomosis Matters: Revising the Jejunojunostomy in Long-Term Follow-Up
	Ellen Andersson (Sweden)
5 min	Discussion

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Session 28	Revisional Surgery
06.11.2026	ROOM MERIDIAN 1
02:00 – 03:30 pm	Chairwoman: Sylvia Weiner (Germany)
	Moderator: Ramon Vilallonga (Spain)
	Moderator: Jacques Himpens (Belgium)
13min	General and Special Indications for Revisional Surgery
	Jacques Himpens (Belgium)
5min	Discussion
13min	Revisional Surgery for Weight Recurrence Following Metabolic Bariatric Surgery
	Safwan Taha (UAE)
5min	Discussion
13min	Sleeve Plus Procedures
	Sylvia Weiner (Germany)
5min	Discussion
13min	Reflux, Dysphagia, and Functional Complaints after Sleeve Gastrectomy
	Lidia Castagneto Gissey (Italy)
5min	Discussion
13min	Role of Robotic Surgery in Revisional Surgery
	Ramon Vilallonga (Spain)
5min	Discussion

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Session 29	An Update Delphi Consensus Position Statement — One Anastomosis Gastric Bypass
06.11.2026	ROOM MERIDIAN 2
02:00 – 03:30 pm	Delphi Consensus – Part I
	Mohammad Kermansaravi (Iran), Mario Musella (Italy), Chetan Parmar (UK)
04:00 – 05:00 pm	Delphi Consensus – Part II
	Nasser Sakran (Israel), Mohamed Hany Ashour (Egypt), Maurizio De Luca (Italy)